

Gold Beverages:

Fountain Soda (*)	\$ 1.50
Iced Tea (*)	\$ 1.50
Canned Soda	\$ 1.50
Orange Juice	\$ 1.50
Apple Juice	\$ 1.50
Bottled Water	\$ 1.50
Exotic Juices (Mango, Guava or other)	\$ 1.75
Perrier	\$ 1.75

Hot Beverages

Regular/Decaf Coffee (*)	\$ 1.50
Greek/Turkish Coffee	\$ 1.99
Hot Tea	\$ 2.29
Hot Chocolate	\$ 2.50

(*) Free refill

Large Selection of Specialty Coffees by:

Segafredo®

**ITALY'S # 1 ESPRESSO
COFFEE**

Desserts

Baklava (fillo dough with walnut or pistachio nuts)	\$ 1.35
Nut Roll	\$ 1.35
Bird Nest (shredded wheat with pistachios)	\$ 1.50
Konafa / Kataifi (shredded wheat with walnuts)	\$ 1.60
Coconut Macaroon	\$ 1.50
Date Cookies	\$ 1.50
Mediterraneo's own Rice Pudding	\$ 2.49
Tiramisu	\$ 5.99
Crème Brûlée	\$ 4.59
Atayef (Egyptian Pancakes with cream or nuts)	\$ 1.99

ORDERS TO GO:

GYRO MEAT (1Lb.)	\$10.99
ROTISSERIE SEASONED CHICKEN (whole)	\$ 6.99

Visit our Market

M E N U

Mediterraneo



Market & Café

18033 Upper Bay Road
Nassau Bay, Texas 77058

Phone: (281) 333-3180

Fax : (281) 333-3841

www.mediterraneomarket.com

Business Hours:

Monday to Thursday:	9:00 AM to 9:00 PM
Friday & Saturday:	9:00 AM to 10:00 PM
Sunday:	CLOSED

Call us for all your catering needs.

"Mediterraneo" Specialty

*All plates served with house Egyptian or Greek
salad and Pita*

Spaghetti Bolognese:	\$ 9.99
spaghetti with full body beef and wine sauce	
Baked Three Cheeses Penne au gratin:	\$ 10.99
(Swiss-Parmesan-Ementhaler)	
- with Bolognese meat sauce (add \$ 4.00)	
- with grilled chicken (add \$ 4.00)	
Paella Valenciana:	\$ 29.99
(For 2 people) Spanish saffron rice, calamari, sausage, chicken, salmon and shrimp	
Osso Buco:	\$ 16.99
lamb shanks, served with tagliatelli	
Beef Bourguignon:	\$ 14.99
beef stew in a light wine sauce with carrots and mushrooms served with tagliatelli or rice	
Herb Crusted Salmon:	\$ 14.99
served with rice Pilaf and Mediterranean spinach	
Shrimp Catalan:	\$ 14.99
shrimp in garlic butter sauce served on a bed of Spanish rice	
Escalope Panée:	\$ 14.99
veal scaloppini in lemon butter sauce served with tagliatelli	
Mahshi (Stuffed Vegetables):	\$ 14.99
pepper, tomato, zucchini and eggplant stuffed with ground beef, rice and a choice of Tzatziki or tahini	
Penne Pesto:	\$ 9.99
(basil, Pecorino Romano, parmesano, pine nuts, garlic, olive oil) with tomatoes, Feta cheese and olives -with grilled chicken (add \$ 4.00)	
Pasta Primavera:	\$ 9.99
pasta with fresh vegetables in Marinara sauce - with grilled chicken (add \$ 4.00) - with shrimp (add \$ 4.00)	
Greek Pasta with Shrimp and Salmon:	\$ 14.99
With artichokes, tomatoes, olives, feta cheese and garlic	

Appetizers / Side Orders

Hummus (ground chickpeas blended with sesame sauce, lemon, olive oil & spices)	\$ 2.59
Baba Ghanoug (roasted eggplant blended with sesame sauce & spices)	\$ 2.79
Tzatziki (Greek yogurt cucumber dip)	\$ 2.79
Tabouleh (cracked wheat, parsley, green onions, tomato, lemon juice & olive oil)	\$ 2.79
Falafel (5) (fried patties of chickpeas, Fava beans, parsley & spices)	\$ 3.69
Feta Cheese with Tomato	\$ 3.49
Kibbi Balls (2) (beef cracked wheat mix stuffed with beef, pine nuts, onions & spices)	\$ 2.99
Grape Leaves (5) (stuffed with seasoned ground beef & rice)	\$ 3.69
Stuffed Cabbage (4) (stuffed with seasoned ground beef & rice)	\$ 5.19
Dolmas (5) (grape leaves stuffed with seasoned rice)	\$ 3.19
Spanakopita (2) (thin layers of filo dough, stuffed with spinach, sweet onions & Feta Cheese, brushed with sweet butter)	\$ 2.49
Tiropita (2) (Three Cheeses and mint in filo dough)	\$ 2.49
Fried Calamari with Marinara sauce	\$ 6.99
Mixed Olives	\$ 3.49
Mixed Nuts	\$ 3.99
Grilled Haloumi Cheese	\$ 3.99

Salads

Grilled Chicken Salad	\$ 8.99
Grilled Shrimp Salad	\$ 8.99
House Egyptian Salad	\$ 6.49
Salade Nicoise	\$ 8.99
Greek Salad Small: \$ 3.99 Large: \$ 6.49	
Gyros Salad	\$ 8.99

Mediterraneo Mezze

(Includes Pita bread)
No Coupons Please

Your choice of 5 different appetizers:	\$ 11.99
Grape Leaves (4)	Stuffed Cabbage (2)
Falafel (4)	Dolmas (4)
Kibbi Balls (2)	Tzatziki
Hummus	Baba Ghanoug
Spanakopita (2)	Feta Cheese & Tomato
Tabouleh	Tiropita (2)
Mixed Olives	

Deli Sandwiches

Original Po boy (ham, salami, provolone, pickles & mayo)	\$ 4.99
Grilled Chicken Sandwich (marinated chicken breast on Kaiser roll, lettuce, tomato & pickle)	\$ 4.99
Italian Sub (mortadella, ham, salami, provolone, lettuce, tomato, pepperoncini, olives & dressing)	\$ 4.99
Muffaletta (salami, ham, mortadella, provolone & olive relish)	\$ 4.99
Veggie Pita Wrap (provolone, mushroom, lettuce, black olives, tomato, pepperoncini, olive oil & vinegar)	\$ 4.29
Tabouleh & Hummus Pita Wrap	\$ 4.29
Tabouleh & Baba Ghanoug Pita Wrap	\$ 4.29
Falafel Pita Wrap (with Tahini, tomato & pickles)	\$ 3.75
Gyros Pita Wrap (grilled slices of seasoned lamb & beef with Tzatziki, tomato, onions & pickles)	\$ 4.99
Kofta Kebab Pita Wrap (grilled seasoned ground beef with Tahini, tomato & pickles)	\$ 4.99
Souvlaki Pita Wrap (grilled marinated sirloin cubes with Tzatziki, tomato, onions & pickles)	\$ 4.99
Chicken Kebab Pita Wrap (with garlic sauce, tomato & pickles)	\$ 4.99
Grilled 1/2 lb Hamburger Sandwich (with tomato, lettuce, onions & pickles) (add cheese \$.50)	\$ 3.99
Pain Bagna (tuna, eggs, olives, lettuce, tomatoes, cucumbers, red onions, green peppers & French dressing)	\$ 5.50
French Fries with Sandwiches	\$ 1.99

Vegetarian Plates

(All served with Pita Bread)

* Dinner Plates served with your choice of French Fries, Roasted Potatoes or Vegetable of the Day

	Lunch	Dinner
Falafel Plate (5) fried patties with Hummus & Greek Salad	\$ 6.99	\$ 9.99*
Veggie Plate (2) Falafel & (2) Dolmas, Hummus, Baba Ghanoug, Tabouleh	\$ 6.99	\$ 9.99*
Vegetarian Lasagna served with Greek salad	\$ 6.99	\$ 9.99*
Vegetarian Moussaka sautéed eggplants with tomato sauce, green peppers and pine nuts served with Greek salad		\$10.99*

Soups

Lentil - Tomato Basil - Minestrone

Cup: \$ 2.99

Bowl: \$ 3.99

Prices and items are subject to change without notice
04/2007

Mediterraneo Plates

Add French Fries, Rice Pilaf, Roasted Potatoes or Vegetable of the day for \$ 2.99

Gyros Plate (grilled slices of spiced lamb & beef) with Tzatziki, Pita bread & Greek Salad	\$ 6.99
Kofta Kebab Plate (grilled ground beef) with Tzatziki, Pita bread and Greek Salad	\$ 6.99
Baked Kibbi Plate (cracked wheat mix w/ beef and pine nuts) served with Greek salad & Pita bread	\$ 7.99
Souvlaki Plate (grilled marinated sirloin) with Tzatziki, Pita bread and Greek Salad	\$ 9.99
Rotisserie Seasoned Half Chicken with Hummus, Pita bread and Greek Salad	\$ 8.99
Grilled Chicken Plate with Hummus, Pita bread and Greek Salad	\$ 7.99
Moussaka with Greek Salad (Layers of eggplant with ground beef, potato and Bechamel sauce)	\$ 8.99
Pastitsio (Greek Lasagna) (Thick tubes of pasta, ground beef and Bechamel sauce) with Greek Salad	\$ 7.99
Meat Lasagna with Greek Salad	\$ 7.99
Spaghetti with Marinara sauce, Garlic Bread & Garden Salad (add meat balls for \$ 2.00)	\$ 5.99
Lamb Kebab	\$ 9.99
Chicken Marsala Sautéed chicken in Marsala wine	\$ 9.99

COMBO PLATTER #1: \$ 15.99

Gyros and Souvlaki Plate with Tzatziki, Pita bread, Rice Pilaf or French Fries and Greek Salad

COMBO PLATTER #2: \$ 16.99

Chicken Kebab and Souvlaki Plate with Tzatziki, Pita bread, Rice or French Fries and Greek Salad

Greek Combination Plate \$ 16.99

Gyros, Pastitsio, Moussaka, Tiropita, Spanakopita & Dolmas served with Pita bread and Greek Salad (Add French Fries, Rice Pilaf or Vegetable of the day for \$ 1.99)

Mediterraneo Mixed Grill Plate \$ 16.99

Gyros, Souvlaki, Kofta & Chicken Kebab served over a bed of Rice with Pita bread, Tzatziki, & small Greek Salad. (Add Vegetable of the day or French Fries for \$ 1.99)