

## Gold Beverages:

Fountain Soda (*)	\$ 1.50
Iced Tea (*)	\$ 1.50
Canned Soda	\$ 1.50
Orange Juice	\$ 1.50
Apple Juice	\$ 1.50
Bottled Water	\$ 1.50
Exotic Juices (Mango, Guava or other)	\$ 1.75
Perrier	\$ 1.75

## Hot Beverages

Regular/Decaf Coffee (*)	\$ 1.50
Greek/Turkish Coffee	\$ 1.99
Hot Tea	\$ 2.29
Hot Chocolate	\$ 2.50

(\*) Free refill

Large Selection of Specialty Coffees by:

**Segafredo®**

**ITALY'S # 1 ESPRESSO  
COFFEE**

## Desserts

Baklava (fillo dough with walnut or pistachio nuts)	\$ 1.35
Nut Roll	\$ 1.35
Bird Nest (shredded wheat with pistachios)	\$ 1.50
Konafa / Kataifi (shredded wheat with walnuts)	\$ 1.60
Coconut Macaroon	\$ 1.50
Date Cookies	\$ 1.50
Mediterraneo's own Rice Pudding	\$ 2.49
Tiramisu	\$ 5.99
Crème Brûlée	\$ 4.59
Atayef (Egyptian Pancakes with cream or nuts)	\$ 1.99

## ORDERS TO GO:

GYRO MEAT (1Lb.)	\$10.99
ROTISSERIE SEASONED CHICKEN (whole)	\$ 6.99

Visit our Market

# M E N U

## Mediterraneo



## Market & Café

18033 Upper Bay Road  
Nassau Bay, Texas 77058

**Phone: (281) 333-3180**

**Fax : (281) 333-3841**

**[www.mediterraneomarket.com](http://www.mediterraneomarket.com)**

## Business Hours:

Monday to Thursday:	9:00 AM to 9:00 PM
Friday & Saturday:	9:00 AM to 10:00 PM
Sunday:	<b>CLOSED</b>

Call us for all your catering needs.

## "Mediterraneo" Specialty

*All plates served with house Egyptian or Greek  
salad and Pita*

<b>Spaghetti Bolognese:</b>	\$ 9.99
spaghetti with full body beef and wine sauce	
<b>Baked Three Cheeses Penne au gratin:</b>	\$ 10.99
(Swiss-Parmesan-Ementhaler)	
- with Bolognese meat sauce (add \$ 4.00)	
- with grilled chicken (add \$ 4.00)	
<b>Paella Valenciana:</b>	\$ 29.99
(For 2 people) Spanish saffron rice, calamari, sausage, chicken, salmon and shrimp	
<b>Osso Buco:</b>	\$ 16.99
lamb shanks, served with tagliatelli	
<b>Beef Bourguignon:</b>	\$ 14.99
beef stew in a light wine sauce with carrots and mushrooms served with tagliatelli or rice	
<b>Herb Crusted Salmon:</b>	\$ 14.99
served with rice Pilaf and Mediterranean spinach	
<b>Shrimp Catalan:</b>	\$ 14.99
shrimp in garlic butter sauce served on a bed of Spanish rice	
<b>Escalope Panée:</b>	\$ 14.99
veal scaloppini in lemon butter sauce served with tagliatelli	
<b>Mahshi (Stuffed Vegetables):</b>	\$ 14.99
pepper, tomato, zucchini and eggplant stuffed with ground beef, rice and a choice of Tzatziki or tahini	
<b>Penne Pesto:</b>	\$ 9.99
(basil, Pecorino Romano, parmesano, pine nuts, garlic, olive oil) with tomatoes, Feta cheese and olives -with grilled chicken (add \$ 4.00)	
<b>Pasta Primavera:</b>	\$ 9.99
pasta with fresh vegetables in Marinara sauce - with grilled chicken (add \$ 4.00) - with shrimp (add \$ 4.00)	
<b>Greek Pasta with Shrimp and Salmon:</b>	\$ 14.99
With artichokes, tomatoes, olives, feta cheese and garlic	

## Appetizers / Side Orders

<b>Hummus</b> (ground chickpeas blended with sesame sauce, lemon, olive oil & spices)	\$ 2.59
<b>Baba Ghanoug</b> (roasted eggplant blended with sesame sauce & spices)	\$ 2.79
<b>Tzatziki</b> (Greek yogurt cucumber dip)	\$ 2.79
<b>Tabouleh</b> (cracked wheat, parsley, green onions, tomato, lemon juice & olive oil)	\$ 2.79
<b>Falafel</b> (5) (fried patties of chickpeas, Fava beans, parsley & spices)	\$ 3.69
<b>Feta Cheese with Tomato</b>	\$ 3.49
<b>Kibbi Balls</b> (2) (beef cracked wheat mix stuffed with beef, pine nuts, onions & spices)	\$ 2.99
<b>Grape Leaves</b> (5) (stuffed with seasoned ground beef & rice)	\$ 3.69
<b>Stuffed Cabbage</b> (4) (stuffed with seasoned ground beef & rice)	\$ 5.19
<b>Dolmas</b> (5) (grape leaves stuffed with seasoned rice)	\$ 3.19
<b>Spanakopita</b> (2) (thin layers of filo dough, stuffed with spinach, sweet onions & Feta Cheese, brushed with sweet butter)	\$ 2.49
<b>Tiropita</b> (2) (Three Cheeses and mint in filo dough)	\$ 2.49
<b>Fried Calamari</b> with Marinara sauce	\$ 6.99
<b>Mixed Olives</b>	\$ 3.49
<b>Mixed Nuts</b>	\$ 3.99
<b>Grilled Haloumi Cheese</b>	\$ 3.99

## Salads

<b>Grilled Chicken Salad</b>	\$ 8.99
<b>Grilled Shrimp Salad</b>	\$ 8.99
<b>House Egyptian Salad</b>	\$ 6.49
<b>Salade Nicoise</b>	\$ 8.99
<b>Greek Salad</b> <b>Small:</b> \$ 3.99 <b>Large:</b> \$ 6.49	
<b>Gyros Salad</b>	\$ 8.99

## Mediterraneo Mezze

(Includes Pita bread)  
No Coupons Please

<b>Your choice of 5 different appetizers:</b>	<b>\$ 11.99</b>
Grape Leaves (4)	Stuffed Cabbage (2)
Falafel (4)	Dolmas (4)
Kibbi Balls (2)	Tzatziki
Hummus	Baba Ghanoug
Spanakopita (2)	Feta Cheese & Tomato
Tabouleh	Tiropita (2)
Mixed Olives	

## Deli Sandwiches

<b>Original Po boy</b> (ham, salami, provolone, pickles & mayo)	\$ 4.99
<b>Grilled Chicken Sandwich</b> (marinated chicken breast on Kaiser roll, lettuce, tomato & pickle)	\$ 4.99
<b>Italian Sub</b> (mortadella, ham, salami, provolone, lettuce, tomato, pepperoncini, olives & dressing)	\$ 4.99
<b>Muffaletta</b> (salami, ham, mortadella, provolone & olive relish)	\$ 4.99
<b>Veggie Pita Wrap</b> (provolone, mushroom, lettuce, black olives, tomato, pepperoncini, olive oil & vinegar)	\$ 4.29
<b>Tabouleh &amp; Hummus Pita Wrap</b>	\$ 4.29
<b>Tabouleh &amp; Baba Ghanoug Pita Wrap</b>	\$ 4.29
<b>Falafel Pita Wrap</b> (with Tahini, tomato & pickles)	\$ 3.75
<b>Gyros Pita Wrap</b> (grilled slices of seasoned lamb & beef with Tzatziki, tomato, onions & pickles)	\$ 4.99
<b>Kofta Kebab Pita Wrap</b> (grilled seasoned ground beef with Tahini, tomato & pickles)	\$ 4.99
<b>Souvlaki Pita Wrap</b> (grilled marinated sirloin cubes with Tzatziki, tomato, onions & pickles)	\$ 4.99
<b>Chicken Kebab Pita Wrap</b> (with garlic sauce, tomato & pickles)	\$ 4.99
<b>Grilled 1/2 lb Hamburger Sandwich</b> (with tomato, lettuce, onions & pickles) (add cheese \$ .50)	\$ 3.99
<b>Pain Bagna</b> (tuna, eggs, olives, lettuce, tomatoes, cucumbers, red onions, green peppers & French dressing)	\$ 5.50
<b>French Fries with Sandwiches</b>	\$ 1.99

## Vegetarian Plates

(All served with Pita Bread)

\* Dinner Plates served with your choice of French Fries, Roasted Potatoes or Vegetable of the Day

	Lunch	Dinner
<b>Falafel Plate</b> (5) fried patties with Hummus & Greek Salad	\$ 6.99	\$ 9.99*
<b>Veggie Plate</b> (2) Falafel & (2) Dolmas, Hummus, Baba Ghanoug, Tabouleh	\$ 6.99	\$ 9.99*
<b>Vegetarian Lasagna</b> served with Greek salad	\$ 6.99	\$ 9.99*
<b>Vegetarian Moussaka</b> sautéed eggplants with tomato sauce, green peppers and pine nuts served with Greek salad		\$10.99*

## Soups

### Lentil - Tomato Basil - Minestrone

**Cup:** \$ 2.99

**Bowl:** \$ 3.99

Prices and items are subject to change without notice  
04/2007

## Mediterraneo Plates

Add French Fries, Rice Pilaf, Roasted Potatoes or Vegetable of the day for \$ 2.99

<b>Gyros Plate</b> (grilled slices of spiced lamb & beef) with Tzatziki, Pita bread & Greek Salad	\$ 6.99
<b>Kofta Kebab Plate</b> (grilled ground beef) with Tzatziki, Pita bread and Greek Salad	\$ 6.99
<b>Baked Kibbi Plate</b> (cracked wheat mix w/ beef and pine nuts) served with Greek salad & Pita bread	\$ 7.99
<b>Souvlaki Plate</b> (grilled marinated sirloin) with Tzatziki, Pita bread and Greek Salad	\$ 9.99
<b>Rotisserie Seasoned Half Chicken</b> with Hummus, Pita bread and Greek Salad	\$ 8.99
<b>Grilled Chicken Plate</b> with Hummus, Pita bread and Greek Salad	\$ 7.99
<b>Moussaka</b> with Greek Salad (Layers of eggplant with ground beef, potato and Bechamel sauce)	\$ 8.99
<b>Pastitsio</b> (Greek Lasagna) (Thick tubes of pasta, ground beef and Bechamel sauce) with Greek Salad	\$ 7.99
<b>Meat Lasagna</b> with Greek Salad	\$ 7.99
<b>Spaghetti</b> with Marinara sauce, Garlic Bread & Garden Salad (add meat balls for \$ 2.00)	\$ 5.99
<b>Lamb Kebab</b>	\$ 9.99
<b>Chicken Marsala</b> Sautéed chicken in Marsala wine	\$ 9.99

### COMBO PLATTER #1: \$ 15.99

Gyros and Souvlaki Plate with Tzatziki, Pita bread, Rice Pilaf or French Fries and Greek Salad

### COMBO PLATTER #2: \$ 16.99

Chicken Kebab and Souvlaki Plate with Tzatziki, Pita bread, Rice or French Fries and Greek Salad

### Greek Combination Plate \$ 16.99

Gyros, Pastitsio, Moussaka, Tiropita, Spanakopita & Dolmas served with Pita bread and Greek Salad (Add French Fries, Rice Pilaf or Vegetable of the day for \$ 1.99)

### Mediterraneo Mixed Grill Plate \$ 16.99

Gyros, Souvlaki, Kofta & Chicken Kebab served over a bed of Rice with Pita bread, Tzatziki, & small Greek Salad. (Add Vegetable of the day or French Fries for \$ 1.99)